

THE EVENTS

FROM OCTOBER 22ND TO NOVEMBER 6TH 2026



LISULA

Une odysée grandeur nature

The events of Lisula and Balagne from October 22nd to November 6th 2026

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TOURIST OFFICE MEETINGS I mercati

Tasting

Feliceto

RENCONTRE GASTRONOME AT DOMAINE MAESTRACCI



From 10/02 to 10/30
Friday : from 10: am to 11:30
am

One price: 35 € (adult and children).
Reservation required at the Tourist
Office of L'Île-Rousse Balagne.

Live a privileged moment, during this Gastronome
meeting with Camille-Anaïs Raoust, winegrower!
lisula-tourisme.com



+33 04 95 60 80 14 - resa@ileroussetourisme.com



Route de Feliceto - Domaine Maestracci - Plaine du Reginu

Tasting

Costa

DISCOVERY WALK AROUND COSTA



From 10/04 to 10/25
Sunday : from 5:30 pm to
11:59 pm

Adult: 40 €, Child: 15 € (Ages
5-9). Tasting included.

Every Sunday, Romain Martelli, a native of the area, takes
you on a journey to discover the village of Costa and its
landscapes steeped in history.

lisula-tourisme.com



+33 04 95 60 80 14 - resa@ileroussetourisme.com



Epicerie du village

Guided tour

L'Île-Rousse

A COASTAL STROLL AMID PLANTS AND MEMORIES



From 10/05 to 10/26
Monday : from 4:30 pm to
11:59 pm

Adult: 15 €, Child (5-9 years):
10 €.

Every Monday, explore the coastline of L'Île-Rousse with
Edel.

lisula-tourisme.com



+33 04 95 60 80 14 - resa@ileroussetourisme.com



Parking de la plage de Caruchettu - Promenade de la
Mareglia

HERITAGE WALK FROM URTACA TO LAMA



From 10/07 to 10/28
Wednesday : from 4:30 pm to 11:59 pm

Adult: 25 €, Child (5-9 years): 15 €.

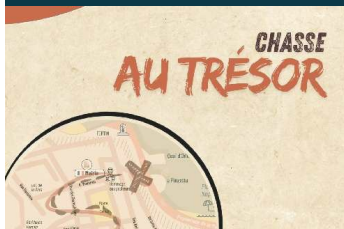
Every Wednesday, Edel guides you on a journey down memory lane, starting from Urtaca.

[lisula-tourisme.com](https://www.lisula-tourisme.com)

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Chapelle Saint Nicolas - 26 Santu Niculaiu

GUIDED TOUR OF L'ÎLE-ROUSSE FOR CHILDREN



10/27
from 9:30 am to 11:59 pm

Package 1 adult + 1 child aged 6 to 12: €25 Additional person (adult or child): €10 (max. 5 additional pers.).

During the vacations, every Tuesday, the Tourist Office of L'Île-Rousse proposes a treasure discovery to visit the city.

[lisula-tourisme.com](https://www.lisula-tourisme.com)

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Office de Tourisme L'Île-Rousse Balagne - Avenue Joseph Calini

POLYPHONIC SONG
CONCERTS

I Concerti

GUIDED TOUR OF L'ÎLE-ROUSSE



10/22
from 9:30 am to 11: am

Adult: 15 €, Child (5-9 years): 10 €.
Free entry for children under 5.
Reservations are required at the reception desk of the L'Île-Rousse

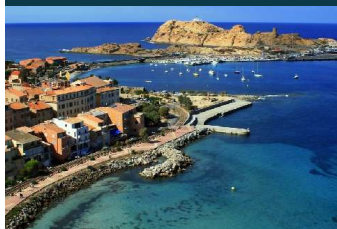
Trace the history of L'Île-Rousse on a guided tour through the heart of the old town. Narrow streets, iconic squares, and historic landmarks reveal the secrets of a city founded by Pasquale Paoli.

[lisula-tourisme.com](https://www.lisula-tourisme.com)

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Office de Tourisme de L'Île-Rousse Balagne - Avenue Joseph Calini

GUIDED TOUR OF L'ÎLE-ROUSSE



10/29
from 9:30 am to 11: am

Adult: 15 €, Child (5-9 years): 10 €.
Free entry for children under 5.
Reservations are required at the reception desk of the L'Île-Rousse

Trace the history of L'Île-Rousse on a guided tour through the heart of the old town. Narrow streets, iconic squares, and historic landmarks reveal the secrets of a city founded by Pasquale Paoli.

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Office de Tourisme de L'Île-Rousse Balagne - Avenue Joseph Calini

FESTIVAL PETITES MAINS SYMPHONIQUES



From 10/18 to 10/23

Free of charge.

Ten musical events, a whole generation of young talent to discover!

[petitesmainssymphoniques.com](https://www.petitesmainssymphoniques.com)

+33 06 60 17 99 94 -

contact@petitesmainssymphoniques.com

Plusieurs lieux en Balagne

MERIDIANU



10/22
from 6: pm to 7: pm

One price: 25 €. Free entry for children under 16. Tickets available at L'Île-Rousse Tourist Office (box office - online) or 1 hour

The Balinese trio Meridianu invites you to discover their world, where tradition and modernity meet.

lisula-tourisme.com

+33 04 95 60 04 35 - resa@ileroussetourisme.com

Eglise de la Miséricorde - 5 Rue Louis Philippe

LES PETITES MAINS SYMPHONIQUES - NESSA



10/22
from 6:30 pm to 11:59 pm

Free of charge.

The Petites Mains Symphoniques National Orchestra is organizing the 9th edition of the Étoiles Symphoniques Festival and is heading to Nessa. An exceptional musical event you won't want to miss.

petitesmainssymphoniques.com

+33 06 60 17 99 94 - contact@petitesmainssymphoniques.com
Eglise Saint Joseph

A CUMPAGNIA



10/23
from 6:30 pm to 7:45 pm

Full price: 18 €, Reduced price: 12 € (Students, jobseekers (with proof), children aged 10 to 18 and groups.). Free entry for children under 10

CNCM Voce presents A Cumpagnia: a Corsican group founded in 1978 in Pigna, combining sacred and secular polyphonic singing and traditional instruments.

voce.corsica

+33 04 95 61 73 13 - info@voce.corsica

Auditorium

LES PETITES MAINS SYMPHONIQUES - CORBARA



10/22
from 6:30 pm to 11:59 pm

Free of charge.

The Petites Mains Symphoniques National Orchestra is organizing the 9th edition of the Étoiles Symphoniques Festival and will be performing in Corbara. An exceptional musical event not to be missed.

petitesmainssymphoniques.com

+33 06 60 17 99 94 - contact@petitesmainssymphoniques.com
Eglise de l'Annonciation

LES PETITES MAINS SYMPHONIQUES



10/22
from 7:30 pm to 11:59 pm

Free of charge.

The Orchestre National Petites Mains Symphoniques organizes the 8^e edition of the Festival Étoiles Symphoniques and travels to Belgodère. An exceptional musical event not to be missed.

petitesmainssymphoniques.com

+33 06 60 17 99 94 - contact@petitesmainssymphoniques.com
Eglise Santa Maria

LES PETITES MAINS SYMPHONIQUES



10/23
from 8: pm to 11:59 pm

Free of charge.

The Orchestre National Petites Mains Symphoniques organizes the 8^e edition of the Festival Étoiles Symphoniques and travels to Belgodère. An exceptional musical event not to be missed.

petitesmainssymphoniques.com

+33 06 60 17 99 94 - contact@petitesmainssymphoniques.com
Complexe Sportif Calvi-Balagne - Route de Calenzana

HERITAGE WALKING TOUR WITH SINGING



10/24
from 4: pm to 11:59 pm

Free to participate. Concert with voluntary donations, to benefit the Telethon.

Spassincantu in Costa: a heritage walking tour set to song with U Fiatu Muntese! Discover the village, its history, and its heritage to the rhythm of Corsican polyphonic singing.

+33 06 86 72 20 89 - ghjuventucostaraccia@gmail.com

Place du village

Concert

Pigna

SPERA



10/27
from 6:30 pm to 7:30 pm

Full price: 18 €, Reduced price: 12 € (Students, jobseekers (with proof), children aged 10 to 18 and groups.). Free entry for children under 10

The CNCM Voce presents Spera, a duo with deep roots in Corsica and its traditions.

voce.corsica

+33 04 95 61 73 13 - info@voce.corsica

Auditorium

Concert

Palasca

CHARITY CONCERT



10/28
from 8:30 pm to 11:59 pm

One price: 20 € (per person). The full amount of the ticket price is donated to the fundraiser for the Palasca Brotherhood

Support the restoration of the Palasca Brotherhood at a charity concert by the La Sportelle Vocal Ensemble.

helloasso.com

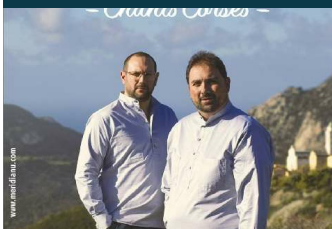
+33 04 95 61 33 02 - mairiedepalasca@orange.fr

Eglise Notre Dame de l'Annonciation

Concert

Corbara

DUO ALMA DI QUÌ MERIDIANU



10/25
from 6: pm to 7: pm

One price: 20 €. Free entry for children under 16. Tickets available at L'Île-Rousse Tourist Office (box office - online) or 1 hour

Meridianu celebrates 25 years of song and memory.

lisula-tourisme.com

+33 04 95 60 04 35 - resa@ileroussetourisme.com

Collégiale A Nunziata

Concert

Algajola

MERIDIANU



10/28
from 6: pm to 11:59 pm

14/10/2026 Adult: 25 €. 28/10/2026 Adult: 25 €. Free entry for children under 16. Ticket office Calvi Balagne Tourist Office, online or

The Meridianu group was born in the inland Balagne region, where centuries-old olive trees flourish. Like the roots of the tree of peace, it is in this land full of history.

meridianu.com

+33 06 16 23 32 86 - sarlvoceviva@orange.fr

Eglise Saint Georges

Concert

Pigna

DIAOULERÍA - IN RESIDENZA



10/30
from 6:30 pm to 7:30 pm

Free of charge.

The CNCM Voce presents the finale of Camille Heim and the Mael Lhopiteau Quartet's residency with "Diaouleria."

voce.corsica

+33 04 95 61 73 13 - info@voce.corsica

Auditorium

PHILOSOPHIE DE LA CHANSON MODERNE DE BOB DYLAN

« une lecture et un concert par Wakan »



10/31

from 6:30 pm to 7:45 pm

Full price: 18 €, Reduced price: 12 €
(Students, jobseekers (with proof),
children aged 10 to 18 and groups.).
Free entry for children under 10

The CNCM Voce presents a reading-concert inspired by
Bob Dylan's *Philosophy of the Modern Song*.

voce.corsica



+33 04 95 61 73 13 - info@voce.corsica



Auditorium

FESTIVALS

I mercati

FESTIVAL PETITES MAINS SYMPHONIQUES



From 10/18 to 10/23

Free of charge.

Ten musical events, a whole generation of young talent to
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petitesmainssymphoniques.com



+33 06 60 17 99 94 -



contact@petitesmainssymphoniques.com

Plusieurs lieux en Balagne

LES PETITES MAINS SYMPHONIQUES - CORBARA

Du 18 au 23 octobre 2020

10 Concerts

ENTRÉE LIBRE

Belgodère
Calvi
Cateri
Costa
Île Rousse
Lumio
Nessa
Pigna
Speloncato
Ville-Di-Paraso



10/22

from 6:30 pm to 11:59 pm

Free of charge.

The Petites Mains Symphoniques National Orchestra is
organizing the 9th edition of the Étoiles Symphoniques
Festival and will be performing in Corbara. An exceptional
musical event not to be missed.

petitesmainssymphoniques.com



+33 06 60 17 99 94 -

contact@petitesmainssymphoniques.com



Eglise de l'Annonciation

LES PETITES MAINS SYMPHONIQUES - NESSA

Du 18 au 23 octobre 2020

10 Concerts

ENTRÉE LIBRE

Belgodère
Calvi
Cateri
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Lumio
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Ville-Di-Paraso



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+33 06 60 17 99 94 -



contact@petitesmainssymphoniques.com

Eglise Saint Joseph

LES PETITES MAINS SYMPHONIQUES



10 Concerts

ENTRÉE LIBRE

Belgodère
Calvi
Cateri
Costa
Ile Rousse
Lumio
Nessa
Pigna
Speloncato
Ville-Di-Paraso

10/22

from 7:30 pm to 11:59 pm

Free of charge.

The Orchestre National Petites Mains Symphoniques organizes the 8^e edition of the Festival Étoiles Symphoniques and travels to Belgodere. An exceptional musical event not to be missed.

petitesmainssymphoniques.com



+33 06 60 17 99 94 -

contact@petitesmainssymphoniques.com



Eglise Santa Maria

TRAVELLING FESTIVAL - LES PETITS CAILLOUX IN SALECCIA



10/31

from 2: pm to 11: pm

Free to participate. Admission to the festival is free (excluding park admission); donations for the artists are welcome. Admission

The Les Petits Cailloux Festival returns to Saleccia Park for another edition! Workshops, shows for all ages, a geology lecture, and concerts.

ventudimare.org

+33 04 95 36 91 36 - ventudimare@me.com

Parc de Saleccia - Route Territoriale 30 - Route de Bastia
Lieu-dit Saleccia

FESTIVALS

I mercati

LES PETITES MAINS SYMPHONIQUES



10 Concerts

ENTRÉE LIBRE

Belgodère
Calvi
Cateri
Costa
Ile Rousse
Lumio
Nessa
Pigna
Speloncato
Ville-Di-Paraso

10/23

from 8: pm to 11:59 pm

Free of charge.

The Orchestre National Petites Mains Symphoniques organizes the 8^e edition of the Festival Étoiles Symphoniques and travels to Belgodere. An exceptional musical event not to be missed.

petitesmainssymphoniques.com



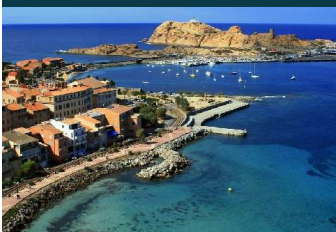
+33 06 60 17 99 94 -

contact@petitesmainssymphoniques.com



Complexe Sportif Calvi-Balagne - Route de Calenzana

THE SECRETS OF LA PIETRA



From 10/01 to 10/29

Free of charge. Only on booking.

The Collectivité de Corse offers you the opportunity to discover the island of Pietra, a remarkable natural site of red granite.

+33 06 19 68 31 44 - francois.montecattini@isula.corsica

Parking de La Pietra - Route du Port - Avenue David Dary

RENCONTRE GASTRONOME AT DOMAINE MAESTRACCI



From 10/02 to 10/30
Friday : from 10: am to 11:30 am

One price: 35 € (adult and children).
Reservation required at the Tourist Office of L'Île-Rousse Balagne.

Live a privileged moment, during this Gastronome meeting with Camille-Anaïs Raoust, winemaker!

lisula-tourisme.com

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Route de Feliceto - Domaine Maestracci - Plaine du Reginu

Guided tour

Palasca

THE WILD LANDSCAPES OF OSTRICONI



From 10/05 to 10/26
Monday : from 10: am to 4:30 pm

Free of charge. Only on booking.

An introductory tour along the Punta Liatoghju trail and the Ostriconi beach: history of the remains of semi-nomadic farmers, discovery of the backshore with its juniper-wooded dunes and lush maquis...

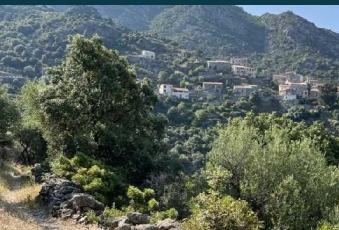
+33 06 15 43 65 86 - maxime.piana@isula.corsica

RT30 - Entrée de la piste à côté du restaurant "Pedimela"

Guided tour

Urtaca

HERITAGE WALK FROM URTACA TO LAMA



From 10/07 to 10/28
Wednesday : from 4:30 pm to 11:59 pm

Adult: 25 €, Child (5-9 years): 15 €.

Every Wednesday, Edel guides you on a journey down memory lane, starting from Urtaca.

lisula-tourisme.com

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Chapelle Saint Nicolas - 26 Santu Niculaiu

DISCOVERY WALK AROUND COSTA



From 10/04 to 10/25
Sunday : from 5:30 pm to 11:59 pm

Adult: 40 €, Child: 15 € (Ages 5-9). Tasting included.

Every Sunday, Romain Martelli, a native of the area, takes you on a journey to discover the village of Costa and its landscapes steeped in history.

lisula-tourisme.com

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Epicierie du village

Guided tour

L'Île-Rousse

A COASTAL STROLL AMID PLANTS AND MEMORIES



From 10/05 to 10/26
Monday : from 4:30 pm to 11:59 pm

Adult: 15 €, Child (5-9 years): 10 €.

Every Monday, explore the coastline of L'Île-Rousse with Edel.

lisula-tourisme.com

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Parking de la plage de Caruchettu - Promenade de la Mesinella

Guided tour

L'Île-Rousse

GUIDED TOUR OF L'ÎLE-ROUSSE



10/22
from 9:30 am to 11: am

Adult: 15 €, Child (5-9 years): 10 €. Free entry for children under 5. Reservations are required at the reception desk of the L'Île-Rousse

Trace the history of L'Île-Rousse on a guided tour through the heart of the old town. Narrow streets, iconic squares, and historic landmarks reveal the secrets of a city founded by Pasquale Paoli.

lisula-tourisme.com

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Office de Tourisme de L'Île-Rousse Balagne - Avenue Joseph Galini

GUIDED TOUR OF L'ÎLE-ROUSSE FOR CHILDREN



10/27
from 9:30 am to 11:59 pm

Package 1 adult + 1 child aged 6 to 12: €25 Additional person (adult or child): €10 (max. 5 additional pers.).

During the vacations, every Tuesday, the Tourist Office of L'Île-Rousse proposes a treasure discovery to visit the city.

[lisula-tourisme.com](https://twitter.com/lisula-tourisme.com)

+33 04 95 60 80 14 - resa@ileroussetourisme.com

Office de Tourisme L'Île-Rousse Balagne - Avenue Joseph Colini

Guided tour

Palasca

THE WILD LANDSCAPES OF OSTRICONI



From 11/02 to 11/30
Monday : from 10: am to 4:30 pm

Free of charge. Only on booking.

An introductory tour along the Punta Liatoghju trail and the Ostriconi beach: history of the remains of semi-nomadic farmers, discovery of the backshore with its juniper-wooded dunes and lush maquis...

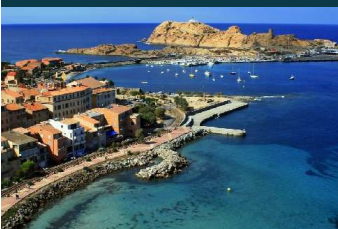
+33 06 15 43 65 86 - maxime.piana@isula.corsica

- RT30 - Entrée de la piste à côté du restaurant "Pedimela"

Guided tour

L'Île-Rousse

THE SECRETS OF LA PIETRA



From 11/05 to 11/26

Free of charge. Only on booking.

The Collectivité de Corse offers you the opportunity to discover the island of Pietra, a remarkable natural site of red granite.

+33 06 19 68 31 44 - francois.montecattini@isula.corsica

Parking de La Pietra - Route du Port - Avenue David Dary

GUIDED TOUR OF L'ÎLE-ROUSSE



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Office de Tourisme de L'Île-Rousse Balagne - Avenue Joseph Colini

Guided tour

Pigna

THE TRAIL FROM PIGNA TO SANT ANTONINO



From 11/04 to 11/25
Wednesday : from 10: am to 3: pm

Free of charge. Only on booking.

The Collectivité de Corse invites you to take a stroll along the picturesque path linking the villages of Pigna, Corbara and Sant'Antoninu to discover their natural and historical treasures.

+33 06 19 68 31 44 - francois.montecattini@isula.corsica

Parking de la place de Pigna

FOR CHILDREN

Pè i zitelli

Demonstration

Monticello

FLORAL BOOKMARK WORKSHOP FOR KIDS



10/28
from 2: pm to 5: pm

Free of charge. Group rate available for 10 people or more. Workshops offered to visitors and park members. Admission prices

To enhance your visit, Parc de Saleccia offers visitors and subscribers a 30-minute workshop for children aged 4 and over: floral bookmark-making with Amélie Labbe.

[@ parc-saleccia.fr](https://www.parc-saleccia.fr)

+33 04 95 36 88 83 - parc.de.saleccia@wanadoo.fr

Parc de Saleccia - Route territoriale 30 - Route de Bastia

Demonstration

Monticello

FLOWER-MAKING WORKSHOP FOR CHILDREN



10/29
from 2: pm to 5: pm

Free of charge. Group rate available for 10 people or more. Workshops offered to visitors and park members. Admission prices

To make your visit even more enjoyable, Saleccia Park offers visitors a workshop for children ages 4 and up: flower-making with Amélie Labbe.

[@ parc-saleccia.fr](https://www.parc-saleccia.fr)

+33 04 95 36 88 83 - parc.de.saleccia@wanadoo.fr

Parc de Saleccia - Route territoriale 30 - Route de Bastia

Tasting

Costa

DISCOVERY WALK AROUND COSTA



From 10/04 to 10/25
Sunday : from 5:30 pm to 11:59 pm

Adult: 40 €, Child: 15 € (Ages 5-9). Tasting included.

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Epicerie du village

Demonstration

Monticello

FLOWER-MAKING WORKSHOP FOR CHILDREN



10/22
from 2: pm to 5: pm

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+33 04 95 36 88 83 - parc.de.saleccia@wanadoo.fr

Parc de Saleccia - Route territoriale 30 - Route de Bastia

Treasure hunt

L'Île-Rousse

GUIDED TOUR OF L'ÎLE-ROUSSE FOR CHILDREN



10/27
from 9:30 am to 11:59 pm

Package 1 adult + 1 child aged 6 to 12: €25 Additional person (adult or child): €10 (max. 5 additional pers.).

During the vacations, every Tuesday, the Tourist Office of L'Île-Rousse proposes a treasure discovery to visit the city.

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Office de Tourisme L'Île-Rousse Balagne - Avenue Joseph Colini

FOR CHILDREN

Esposizioni

Exhibition

Monticello

ERKA'S EXHIBITION



From 10/23 to 12/02

Free access.

With her abstract paintings that blend painting and collage, Bastia-based artist Erka plays with colors and materials to create works brimming with emotion.



+33 04 95 60 05 71



Salle d'exposition A Mostra - Mairie de Monticello - 160

Stade di Monticello

MARKETS AND FAIRS

I mercati

Exhibition

Calvi

EXHIBITION IN BUILDING K... WATERCOLORS OF THE CITY OF



From 10/11 to 10/30
Monday, Tuesday, Friday :
from 10: am to 12: pm / from
2: pm to 6: pm
Thursday : from 2: pm to 6:
pm
Saturday, Sunday : from 10:

The city of Calvi invites you to discover this exhibition in the very heart of the Citadel in the Bâtiment K



Bâtiment K - Citadelle

Regular market

L'Île-Rousse

FARMER'S MARKET



From 01/01 to 12/31

Free access.

Under the Covered Market of L'Île-Rousse, you'll find its market and exhibitors every day. An unmissable place and time to discover without moderation!

mairie-ilerousse.fr



+33 04 95 63 01 80 - regiemarche@lilerousse.fr



Marché Couvert de L'Île-Rousse

MARCHÉ VESTIMENTAIRE DE CALVI

From 01/01 to 12/31
Thursday : from 8: am to 5: pm

Free access.

Every 1st and 3rd Thursday of the month, the Calvi Clothing Market takes place in the Ortacce parking lot, opposite the Super U supermarket.

villedecalvi.fr

 +33 04 95 65 82 00

 - Parking de l'Ortacce - Face au supermarché Super U

MARCHÉ DES PRODUCTEURS DE LUMIO

From 04/08 to 10/28
Wednesday : from 8:30 am to 12: pm

Free access.

From April to October, come and meet local craftsmen and producers every Wednesday morning in Lumio's Place de l'Eglise.

mairie-lumio.fr

 +33 04 95 60 89 00 - casacumuna@paesedilumiu.fr

 - Place de l'Eglise

ET AUSSI...

MARCHÉ DES PRODUCTEURS DE CALVI

From 04/01 to 10/31
from 8: am to 1: pm

Free access.

Under the Covered Market, next to the Eglise Sainte Majeure, local producers await you every morning with a selection of regional products.

villedecalvi.fr

 +33 04 95 65 82 00

 - Place du Marché

L'ILE-ROUSSE CLOTHING MARKET

11/06
from 8: am to 5: pm

Free access.

The L'Île-Rousse Clothing Market is held two Fridays a month at Place Paoli. There, you'll find numerous stalls selling clothing, leather goods, and other items.

mairie-ilerousse.fr

 +33 04 95 63 01 80 - regiemarche@lilerousse.fr

 Place Paoli

CINÉMA LE FOGATA

From 01/01 to 12/31

Prices not available.

All year round, Cinéma le Fogata offers you the latest film releases, as well as screenings of Ciné Club Lisula Ciné Musica and Et Pourtant Ça Tourne. Online program only

cinema-fogata.com

- cinemalefogata@yahoo.fr

 - Cinéma le Fogata - Salle plein air

YOGA THERAPY



From 10/02 to 10/30
Friday : from 9:30 am to 10:30 am

Full price: 15 € (1 hour lesson - 10 lesson card: €120), Reduced price: 10 €. (Per course for unemployed).

Come and pamper yourself in a soothing, rejuvenating setting with Mowei Liu, every Friday morning. Rediscover your balance through sessions combining deep relaxation and dynamic yoga.

parc-saleccia.fr

+33 06 14 41 00 74 - artandante2304@gmail.com

Parc de Saleccia - Route territoriale 30 - Route de Bastia

QI GONG



From 10/07 to 10/28
Wednesday : from 10:30 am to 11:59 pm

One price: 10 € (per session).
Reservations required.

Every Tuesday, Jacky Venturini introduces you to Qi Gong. A gentle, accessible practice combining breathing, slow movements and balance to harmonize body and mind and regain energy and serenity.

parc-saleccia.fr

+33 06 71 98 06 25

Parc de Saleccia - Route territoriale 30 - Route de Bastia

FREE DANCE WORKSHOP



From 10/19 to 10/24

Prices not available. Places limited, registration required.

Discover Malkovsky Free Dance with Julie Tran at Saleccia Park. A week to move, breathe, and reconnect with your body's natural movements, set to music and shared with the group.

julietrandansa.eu

+33 06 58 42 40 88 - ma.orsoni@laposte.net

Parc de Saleccia - Route territoriale 30 - Route de Bastia

JOURNEYS THROUGH SOUND



From 10/07 to 10/28
Wednesday : from 10:30 am to 11:15 am

Adult: 25 €, Child: 10 € (and teenagers). Reservations must be made with the instructor. €5

Le Parc de Saleccia and Sylvie Vicente invite you on a journey of sound between crystal bowls and yoga nidra. A moment of deep relaxation to soothe body and mind, let go and regain restful sleep.

parc-saleccia.fr

+33 06 10 72 66 46 - sol.sole@outlook.fr

Parc de Saleccia - Route territoriale 30 - Route de Bastia

YOGA PILATES



From 10/07 to 10/28
Wednesday : from 6: pm to 7: pm

Full price: 15 € (1 hour lesson - 10 lesson card: €120), Reduced price: 10 €. (Per course for unemployed).

Come and pamper yourself in a soothing and rejuvenating setting with Mowei Liu, every Wednesday evening. Rediscover your balance through sessions combining deep relaxation and dynamic yoga.

parc-saleccia.fr

+33 06 14 41 00 74 - artandante2304@gmail.com

Parc de Saleccia - Route territoriale 30 - Route de Bastia

PUBLIC SPEAKING WORKSHOP - HAVE THE COURAGE TO SPEAK



From 10/19 to 10/24
Monday-Saturday : from 2: pm to 5:30 pm / from 9: am to 12: pm

One price: 540 €. Additional fee for L'Aria membership: €25

L'Aria is offering the public speaking workshop "Dare to Speak Up," led by Pauline Clermidy.

ariacorse.net

+33 04 95 61 93 18 - formation@ariacorse.net

A Stazzona

FASCIA SOMAYIN WORKSHOP

Revenir au mouvement sensoriel du fascia, pour ralentir, déposer et se régénérer

le vendredi 23 et 30 octobre
à 17h au PARC DE SALECCIA

Animé par Julianne, thérapeute du fascia, kiné spécialisée dans le mouvement en spirale

10/23

from 5: pm to 6: pm

One price: 20 € (per session).
Reservations required.

Therapist Julianne Pangrazzi offers a Soma Yin fasciatherapy workshop every Friday evening, open to all: fascia movements to rebalance the body, revive energy and rediscover body intelligence.

parc-saleccia.fr



+33 07 83 44 13 63



Parc de Saleccia - Route territoriale 30 - Route de Bastia

Artistic performance

Pioggiola

DARE TO SPEAK UP - SUMMARY



10/24

from 6: pm to 11:59 pm

Free entry.

After a few days of getting comfortable with words and finding the courage to take the plunge, it's time to take the stage!

ariacorse.net



+33 04 95 61 93 18 - formation@ariacorse.net



A Stazzona

Demonstration

Monticello

FASCIATHERAPY WORKSHOP

TRANSMISSIONS

- Sécuriser et ressentir
- Renforcer et soutenir
- Régénérer
- Se relier

Dans le respect des lignes anatomiques du fascia et de l'intelligence du corps.

INFORMATIONS et RESERVATION

La journée du 25 octobre
au Parc de Saleccia

10/25

One price: 90 € (Per person).
Places are limited, so please
register by phone.

Julianne Pangrazzi, a therapist, is offering a workshop titled "Fascia in Motion."

parc-saleccia.fr

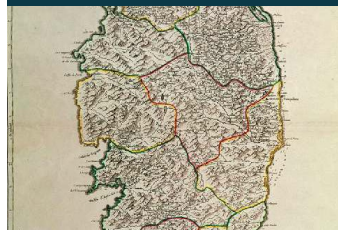


+33 07 83 44 13 63



Parc de Saleccia - Route territoriale 30 - Route de Bastia

JEAN-PIERRE POLI'S CONFERENCE



10/24

from 5: pm to 11:59 pm

Free entry.

Delve into the history of Corsica with Jean-Pierre Poli!

avortica.org



+33 06 72 19 07 17 - avortica.corsica@gmail.com



Salle de la mairie de Monticello

Artistic performance

Pigna

SIOBULÉ - IN RESIDENZA



10/24

from 6:30 pm to 7:30 pm

Free of charge.

The CNCM Voce is hosting the Fragmenta ensemble in residence for *Siobulé*, a new work blending early music and Mediterranean traditions.

voce.corsica



+33 04 95 61 73 13 - info@voce.corsica



Auditorium

Animation sportive

L'Île-Rousse

PINK WALK TO BENEFIT MARIE DO



10/25

Free access. Walk: €10 - Teen Race: €15 - City Trail: €25 All proceeds from the trail run and the evening event will be donated to La Marie Do, an organization.

The Lisula di Notte City Trail is back—much to our delight! A 9-km night run (110 m elevation gain) through the city. New this year: a 4.5-km course for younger runners and a walk for everyone.



+33 06 79 92 92 48 - trailisula@gmail.com



Place Paoli

WORKSHOP - AN INTRODUCTION TO MASKED THEATER

Dirigé par Guy Freixe
Comédien, metteur en scène et
pédagogue

Formé à l'École Jacques Lecoq puis comédien au
Théâtre du Soleil, Guy Freixe a fondé le Théâtre du
Frêne, compagnie avec laquelle il a créé une trentaine
de spectacles.
Il a enseigné dans de nombreuses écoles supérieures

From 10/26 to 10/31
Monday-Saturday : from 2:
pm to 5:30 pm / from 9: am
to 12: pm

One price: 540 €. There is an
additional €25 membership fee for

L'Aria is offering a workshop titled "An Introduction to
Mask Acting," led by Guy Freixe.

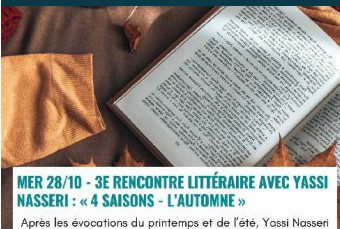
ariacorse.net

+33 04 95 61 93 18 - formation@ariacorse.net

A Stazzona

Conference

L'Île-Rousse

LITERARY CONFERENCE BY YASSI NASSERI

10/28
from 6: pm to 11:59 pm

Free entry.

Artelibri invites you to meet Yassi Nasser from the
Kimamori association, who will present a selection of
books centered on fall.

+33 06 73 21 70 67 - artelibri.lisula@gmail.com

Casa Salvini - 1 Rue Louis Philippe

Demonstration

Monticello

FASCIA SOMA YIN WORKSHOP

Revenir au mouvement sensoriel du fascia,
pour ralentir, déposer et se régénérer

le vendredi 23 et 30 octobre
à 17h au PARC DE SALECCIA

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fascia movements to rebalance the body, revive energy
and rediscover body intelligence.

parc-saleccia.fr

+33 07 83 44 13 63

Parc de Saleccia - Route territoriale 30 - Route de Bastia

MASTERCLASS - A TOUR OF THE HISTORIC ORGANS OF BALAGNE

From 10/27 to 10/31
Tuesday-Saturday : from 10:
am to 12: pm / from 2: pm to
6: pm

Full price: 500 € (With funding),
Reduced price: 250 € (Without

The Centre National de Création Musicale Voce offers a
masterclass led by Elisabeth Joyé on the organs of
Balagne for musicians, whether enlightened amateurs,
future or existing professionals, to...

voce.corsica

+33 04 95 61 73 13 - mariepaule@voce.corsica

Auditorium

Show

Belgodère

TALES FROM BROCA STREET

10/30
from 5: pm to 11:59 pm

Free of charge.

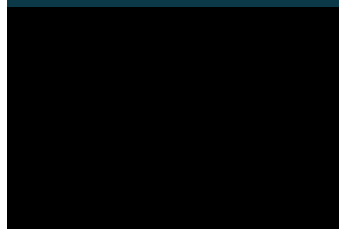
Witches, brooms, and whimsical magic are coming to
Belgodere!

+33 04 95 61 32 12 - mairie.belgodere@orange.fr

Confrérie

Local festival

Calenzana

FESTA DI E STREIE - HALLOWEEN IN CALENZANA - CANCELLED

10/31
from 2: pm to 11:59 pm

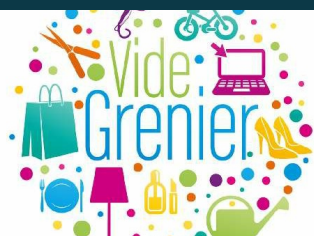
Free of charge.

The children's event of the year is back once again...
make-up sessions, Halloween shows, food and drink,
musical entertainment and... the great candy handout!

+33 04 95 62 70 08 - laetitia.fiera@gmail.com

Salle du Préau

CHARITY FLEA MARKET



10/31
from 7: am to 7: pm

Free access.

Come hunt for treasures in L'Île-Rousse with the "De la cave au grenier" association! Join us this Saturday at Place Paoli to find great deals while supporting efforts to help homeless cats.

+33 07 61 37 42 20

Place Paoli

Competitive sport

Calvi

TRAIL IN CALVI



From 11/06 to 11/07

From €20 - Online registration.
Need help organizing your stay during the Trail? Don't hesitate to contact our reservations department: +33 (0)4 95 65 92 90

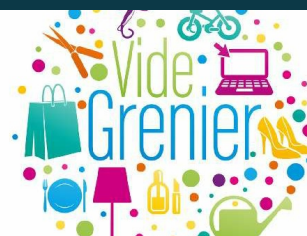
Trail in Calvi in Corsica is organized by the Sport in Calvi association... Come one, come all to take up this physical and mental challenge!

[in.njuko.com](https://www.in.njuko.com)

+33 06 37 53 18 48 - trailincalvi2023@gmail.com

Tour de Sel

FLEA MARKET



11/01
from 7: am to 7: pm

Free access.

Come hunt in L'Île-Rousse with the Association From the cellar to the attic this Sunday in the Place Paoli

+33 07 61 37 42 20

Place Paoli



LISULA

Une odyssée grandeur nature

TOURIST OFFICE L'ILE-ROUSSE BALAGNE

Avenue Calizi
20220 L'Île-Rousse

Belgodère - Corbara - Costa -
Feliceto Lama - L'Île-Rousse -
Mausoleo - Monticello - Muro -
Nessa - Novella - Occhiatana -
Olmi-Cappella - Palasca Pietralba -
Pigna - Pioggiola - Santa Reparata
di Balagna - Speloncato - Urtaca -
Vallica - Ville di Paraso



+33(0)4 95 60 04 35



info@ileroussetourisme.com



www.lisula-tourisme.com



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[ileroussetourisme.lisula](#)